

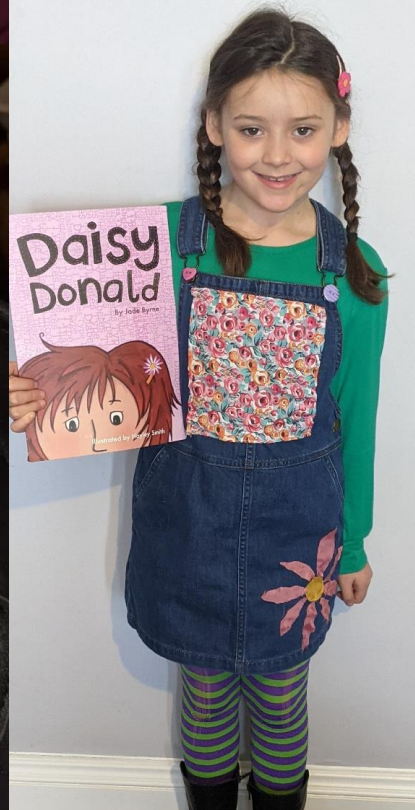
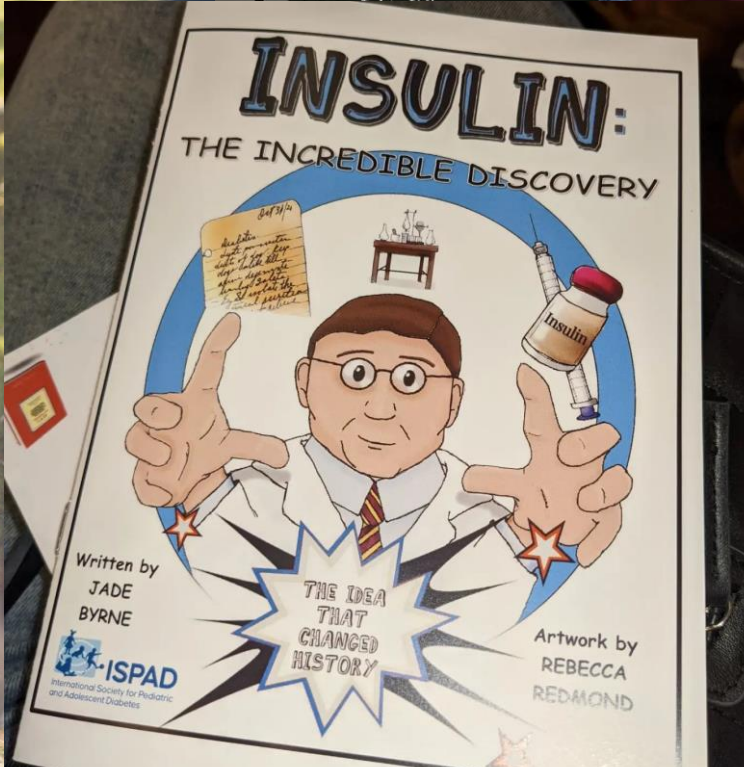
A woman with long dark hair and blue eyes is looking upwards and to the right. The word "Pricks" is written in black marker on her forehead. She is holding four syringes: one orange, one purple, one white, and one clear. The background is a solid orange color.

Pricks

Jade
Byrne

A little bit about me...

- I was diagnosed with T1D aged 4
- I wrote, produced & performed the play Pricks
- I wrote the children's book Daisy Donald
- I wrote, produced & perform in Pricks Short Film
- I wrote the children's book for ISPAD; Insulin: The Incredible Discovery
- I own the online shop Pricks Products
- I am an ambassador for the wonderful charity JDRE UK
- I'm from Darlington
- I am an adoptive mum of 2 gorgeous girls



What is my biggest T1D fear?



Pricks (the play)

- What made you decide to write Pricks?



+

HYPPO

GOALS for "TRICKS..."

(June 2017):

- TO CREATE MORE AWARENESS
& AN UNDERSTANDING OF TYPE 1
DIABETES

- it's totally different than
Type 2!

- the symptoms

- TO GET PEOPLE TO BE MORE
UNDERSTANDING.
- more empathetic

• TO CREATE A PLAY / THEATRICAL EXPERIENCE WHERE AUDIENCES:

- enjoy themselves
(funny bits!)

* are shocked

- are provoked
(upsetting bits!)

- Realize Type 1 is more than they think it is

- have more ?

- feel compelled to share their experience on social platforms

- think about the 4Ts as a response to

illness

- are educated

what you have
do, contend with

We were all sick of...

- Misunderstandings
- Misconceptions
- Misdiagnosis

We were all sick of...

• ~~Mis~~understandings

• ~~Mis~~conceptions

• ~~Mis~~diagnosis

Get rid of the mis in these terms





Daisy Donald

By Jade Byrne

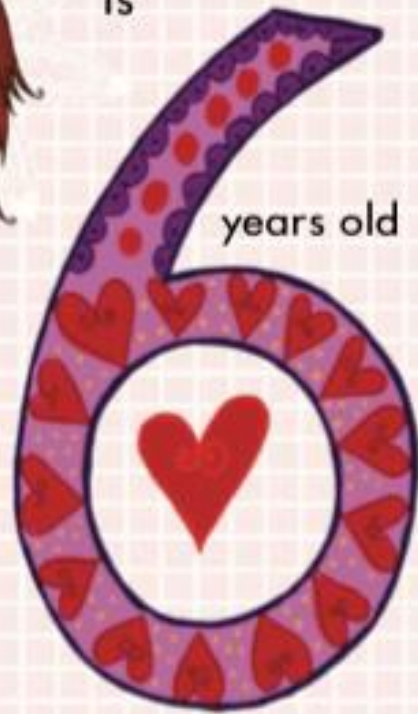


Illustrated by Hayley Smith

Daisy Donald



is



years old

she is only little

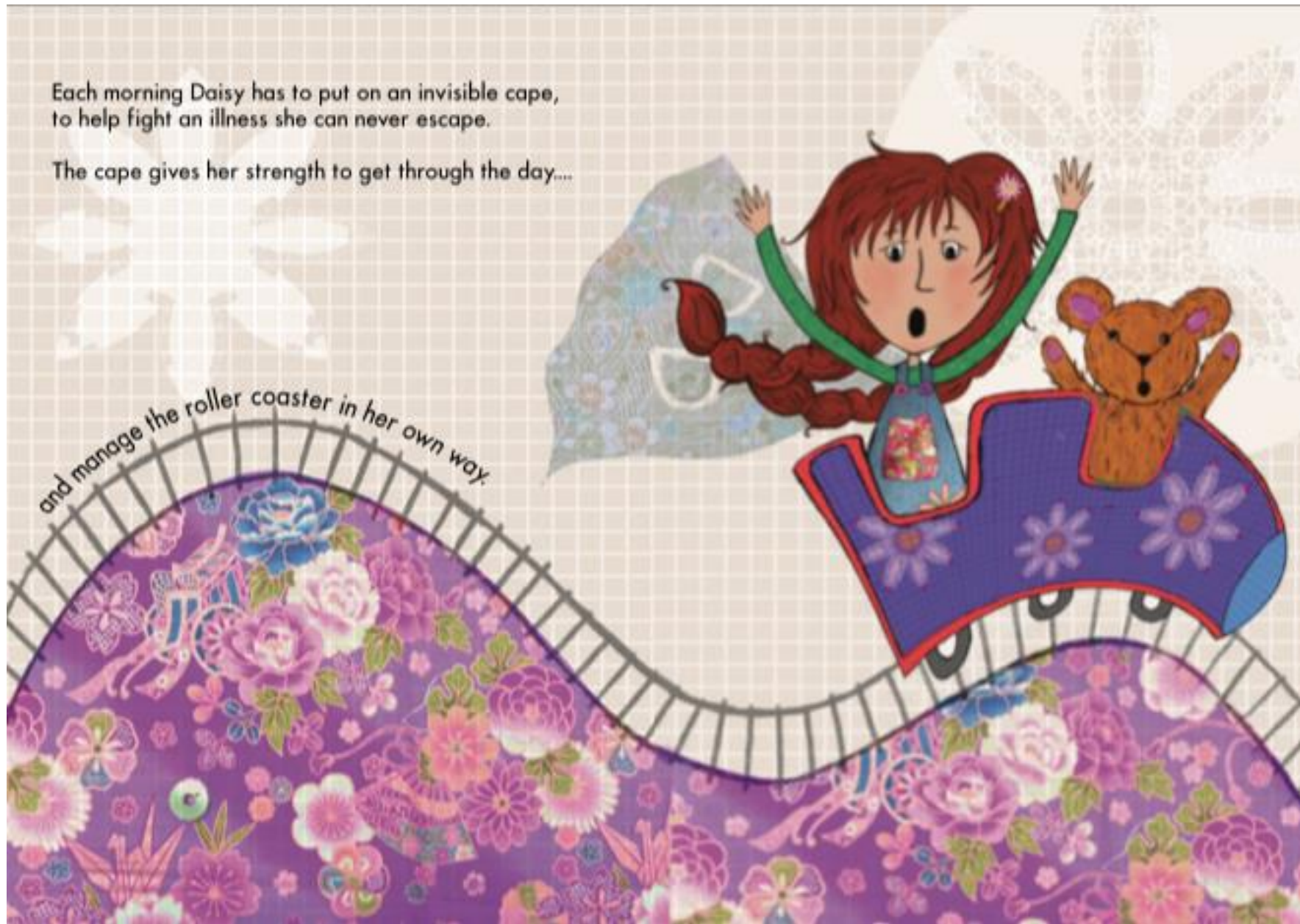
yet **VERY**

BOLD

Each morning Daisy has to put on an invisible cape,
to help fight an illness she can never escape.

The cape gives her strength to get through the day....

and manage the roller coaster in her own way.



Yawn



It can make her tired

HMPH!



and it can make her grumpy,



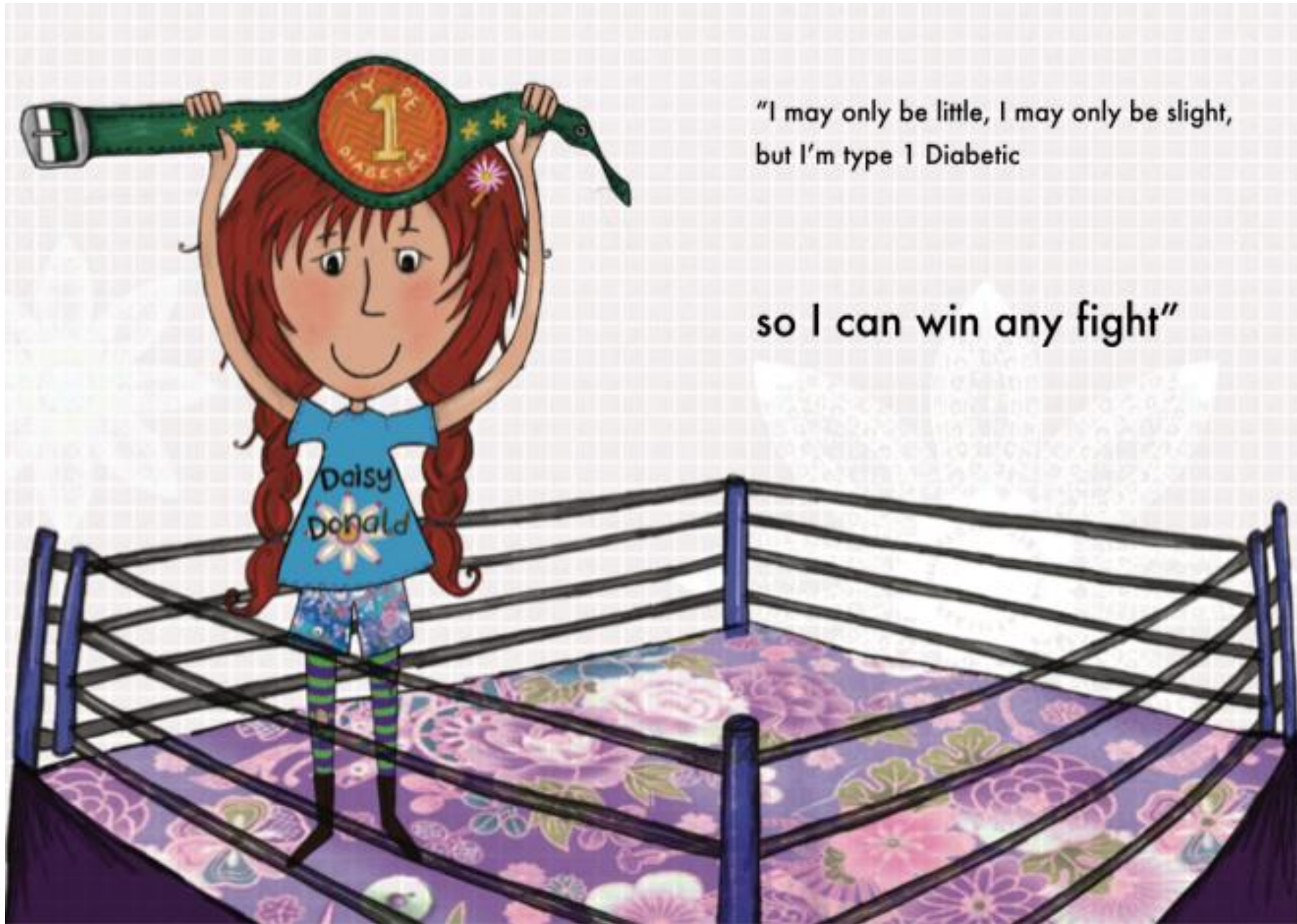
It can even make bits of her body bumpy!



To try and manage it she needs lots of pricks, she carries machines and sweets, all kinds of tricks.

For Daisy she sometimes feels like it's all too much, she just wants to give up and kick into touch.





"I may only be little, I may only be slight,
but I'm type 1 Diabetic

so I can win any fight"

It can happen to anyone at any time of their life,



You see that's the thing Daisy has to tame,

Type 1 Diabetes is the monster's name.



SON



DAUGHTER



GRANDKID



HUSBAND or WIFE



Being Type 1 Diabetic means she's really strong,
she's always prepared for things to go wrong.

Just like Superman, she's ready for the fight,
because ...

she's a

SUPER SHERO

in her own right.

129 reviews ★★★★★

Reviews for this item 29

Reviews for this shop 129

Sort by: Suggested ▾

★★★★★

My 7 year old T1 daughter loved this book. So did I. What a powerful message. Thank you for spreading the strength in the T1 community. ❤️

Purchased item: [Daisy Donald, Children's book by Jade Byrne, I...](#)

 [Ruth Smith](#) 01 May, 2021



★★★★★

Such a lovely book. Bought for my 6 year old Type 1. It actually made me emotional, I suppose you don't realise what they can go through on a daily basis. Highly recommend. Super fast delivery too!

Purchased item: [Daisy Donald, Children's book by Jade Byrne, Illustrated by Hay...](#)

 [catmarie84](#) 08 Oct, 2020

★★★★★

129 reviews ★★★★★

Reviews for this item 29


Reviews for this shop 129

Sort by: Suggested ▾

★★★★★

Brilliant story, and beautifully illustrated. My Son was so excited that the Daisy was just like him. 6 years old and Type 1 Diabetic.

Purchased item: [Daisy Donald, Children's book by Jade Byrne, I...](#)

 [Stuart Riding](#) 28 Nov, 2019



★★★★★

My little girl has recently been diagnosed with type 1 she absolutely loves this book has read it over and over she also took into school and her teacher read it to the class so they can understand her condition a little better ! Lovely lovely book and so well written !

Purchased item: [Daisy Donald, Children's book by Jade Byrne, Illustrated by Hay...](#)

 [Laura Jordan](#) 28 Nov, 2019



I bought this book for a girl in my year 4 class with type 1 diabetes. I really don't like the way that diabetes is described as a monster in this book. I don't think it's a positive way to address the situation. So I won't be using this book and it was a waste of my money.



Response from Jade

I have type 1 diabetes (T1D) myself & this is my perspective on it & I've only ever received positive feedback. I have never met a T1D who doesn't see their diabetes in the same way. We are all different but we all have the same relentless condition & I hoped this story would help people like yourself (none T1D) to empathise & understand more what it is like. It honestly is a bit like a monster & children can relate to that. It creeps up on you at the most unexpected times & for no known reason. It is also very ugly at times. But the story is of overcoming the monster & learning that you're a superhero for managing it. I have 32 years of experience with T1D & 3 years of being a T1D advocate respected by the T1D community.



Purchased item: [Daisy Donald, Children's book by Jade Byrne, Illustrated by Hay...](#)



[Claire Cousins](#) 28 May, 2021



A fantastic book which explains about living with Type 1 Diabetes in an honest but engaging

She gave
me the
power!





SUPPORTING

JDRF

***IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.***



Live online show for JDRF UK

Thursday 11 June at 8pm

plus live post
show Q&A

Live on JDRF
YouTube &
Facebook
channels

Available
for
24 hours
afterwards

"...breathtaking and
incredibly moving
and incredibly brave"
James Norton

"A revelatory
piece of theatre"
The Stage

"...educational,
heart wrenching
and heart-warming"



The List



SUPPORTING
JDRF IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.

Registered charity number: 295716 and SC040123

Online show donations

= £2079

Live in person theatre donations

= £5542.25

Total raised through Pricks the play for JDRF UK

= £7621.25



**This Saturday...
I'm climbing
Mount Snowdon!!**

So enough about me! How can I help you?

- Hba1c is useless! Time in Range is most important!
- There is no one size fits all
- You can put in 1 million percent effort into controlling blood sugar but it doesn't always pay off. Most of us do try.
- There's so much more to T1D tht what's wrriten in policy
- We are not just a person with diabetes, we have a life beyond Type 1
- We are more than numbers
- Our mental health is highly effected by T1D

- Not all complications are caused by high blood sugars
- T1D can happen much later in life, it isn't childhood diabetes anymore
- Find out about the person, look away from the numbers
- We as patients often know more than professionals, listen to us
- We all want to work with HCP's as long as they empathise and listen

Finally...

In the words of Jeremy Smith...

Life with Diabetes is like walking along with a balloon 🎈 - the game you play is you have to keep the balloon in front of you and keep 'tapping' at it to stop it hitting the floor (hypo) and not let it go too high so you lose it! You have to keep tapping the 🎈 in your sleep, while you work, play sport, through illness and in all weathers etc 👁👁 - Day in, day out 😞 it's not easy BUT the better you play the game of tapping the 🎈 the better quality and longevity of your life 🙌👍🌟

But in my opinion, sometimes, it really doesn't matter how hard you try, the balloon just often wants to deflate or pop and you can't stop it.

I am Jade Byrne /
PricksOfficial

Thanks for having me!

Please find me on social
media @PricksOfficial