

**Ten minutes once a year can
save your sight!!!!**

By Louise Clark

NHS Tayside Priority to ensure patients
have diabetic care/screening

Using figures that we gathered from the
service's DNA system and non attenders
at the young adults clinic

Project to focus on patients aged 12-30
years that Do Not Attend

The team:

Louise Clark

Emma Cartwright

Dr Emma Fletcher

Angela Ellingford

Angela Kelly

Team Discussions

Leaflets with appointment letter

Posters for GP surgeries

Content/Design

The background is a solid teal color with a slightly textured appearance. There are several faint, white, curved lines scattered across the background, some resembling arcs or partial circles, adding a subtle design element.

Patient Feedback

Inform Scotland

Facebook

12-19 years

Diabetic Eye Screening
Be a Hero!

10 minutes once a year can save your sight

Normal eye

Abnormal eye

If you don't get your pictures taken...

...your eyesight could end up like this!

More than a year since your last screening appointment?

If so, contact us at:

eyescreening.tayside@nhs.net Tel: 01382 633956

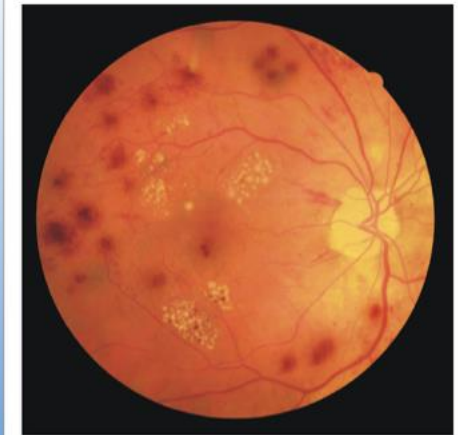
20-30 years

Diabetic Eye Screening

10 minutes once a year
can save your sight



Normal eye



Abnormal eye

Make sure it's on your tick list

Diabetic Eye Screening	<input checked="" type="checkbox"/>
Cinema	<input checked="" type="checkbox"/>
Lunch with Friends	<input checked="" type="checkbox"/>
Haircut	<input checked="" type="checkbox"/>

More than a year since your last screening appointment?

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DATA

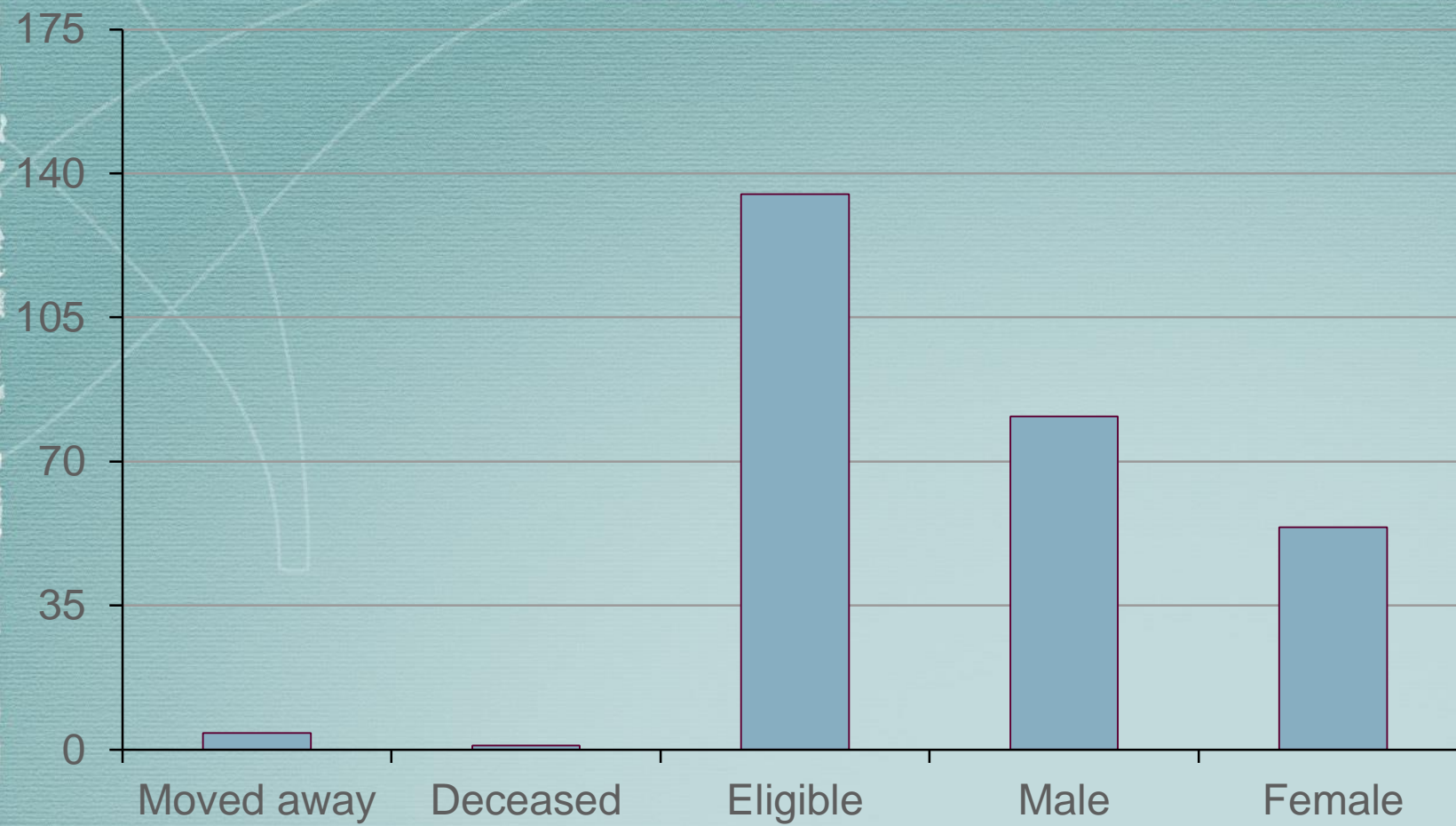
Not screened in past 15 months

140 patients found initially

Sex

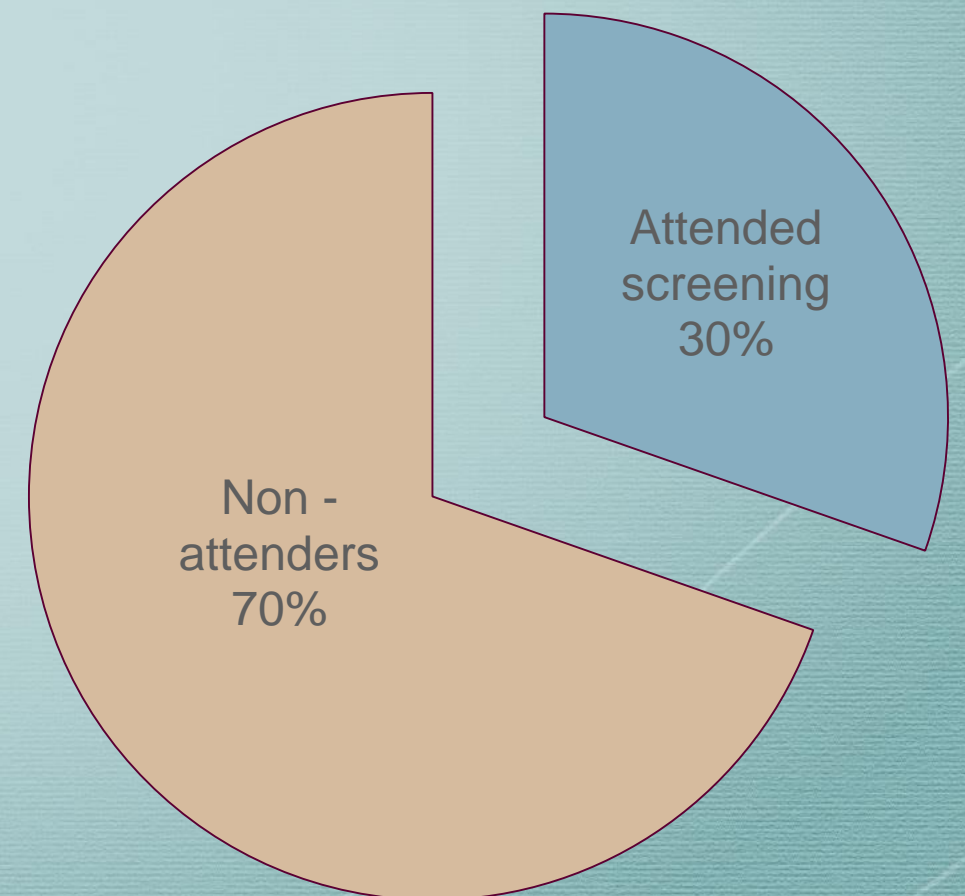
Age

Area



Data collected

Final result collected



Breakdown of results

Results	Number
No Retinopathy	25
BDR mild	8
Pre-PDR	1
PDR	1
M1- 6 months re-screen	2
M2- Referable Maculopathy	2

Total = 41

Case study

22 year old female

Last seen for eye screening July 2011

Results BDR-Right M2-Left

Referred to the eye clinic 2011

Was seen in eye clinic on a regular basis from 2011-2012

DNAd eye clinic in 2013 and was lost to follow up





Attended Eye Clinic 30/06/15

Diagnosis:

Bilateral PDR

Bilateral Vitreous Haemorrhages

Visual Acuity: 6/6 right 6/9 left

Urgent laser required

Follow up appointment

Diagnosis: PDR

Partially regressed new vessels 2 weeks following
PRP

Good PRP uptake

Visual acuity 6/9 in both eyes

Management: Review in 6 to 8 weeks

Adults 18-30

118 DNA the diabetes clinic

20 people discounted from study

Of the 98 people remaining

39 people have had their eyes screened in the last 15 months=33%

19 people are receiving Ophthalmology care=16%

40 people have DNA both eye screening and clinic=34%

Moving Forward

Liaise with the GPs and the Diabetes nurses

Working together to improve the 34% of people that haven't attended their clinic/screening in the past 15 months

Send out further leaflets at their recall date and repeat the process

Roll out to the NHS Tayside Diabetes population

The background is a solid teal color with a fine, woven texture. Faint, thin white lines are scattered across the surface, including a series of intersecting arcs in the top-left corner and a long, sweeping curve in the bottom-right corner.

Film

To Summarise

- Decreased the DNA in young people by a 1/3
- 3 cases of referable Retinopathy
- Possibly saved sight

Has the project been worthwhile?

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Thank you