

Not Diabetic

A review of patients in Oxfordshire in
this category

Alyson Jaycock – Oxfordshire DESP Failsafe



James Singleton
Failsafe Officer

Lincolnshire Diabetic Eye Screening Programme

August 2013

352 Patients

What to do next?

All GP practices sent letter
informing of national screening
guidelines

Oxfordshire Diabetic Eye Screening Programme
Level 0, West Wing
John Radcliffe Hospital
Headley Way, Headington
Oxford, OX3 9DU

Tel: 01865 743314

Fax: 01865 743316

Email: peter.scanlon@ouh.nhs.uk
Website: www.ouh.nhs.uk

20th June 2013

To whom it may concern

Re: Patients who believe that they are no longer diabetic

There are a number of patients who have been diagnosed with diabetes and they no longer consider themselves to be diabetic for the following reasons:

1. They have had a pancreatic transplant and no longer require insulin and their glycaemic control is good.
2. They have lost considerable amounts of weight, some having had bariatric surgery for weight loss, and their glycaemic control is good.

These patients are at risk of developing diabetic retinopathy because they will have had a number of years of poor glycaemic control. The fact that their glycaemic control has improved quite quickly may put them at greater risk of progression of diabetic retinopathy in the first 9 months of good control (the early worsening phenomenon).

These patients should, therefore, continue to be regarded as having diabetes from the point of view of being included in the cohort that continues to be invited for screening for diabetic retinopathy.

We do not screen patients who only have a short period of hyperglycaemia such as:

1. They have gestational diabetes
2. They have hyperglycaemia for a short period induced by steroids

These patients are not at risk of developing diabetic retinopathy and should not be regarded as having diabetes from the point of view of being included in the cohort that is invited for screening for diabetic retinopathy.

Yours faithfully,



Dr Peter Scanlon, Consultant Ophthalmologist, Oxford Eye Unit.

There are a number of patients who have been diagnosed with diabetes and they no longer

consider themselves to be diabetic for the following reasons:

1. They have had a pancreatic transplant and no longer require insulin and their glycaemic control is good.
2. They have lost considerable amounts of weight, some having had bariatric surgery for weight loss, and their glycaemic control is good.

These patients are at risk of developing diabetic retinopathy because they will have had a number of years of poor glycaemic control. The fact that their glycaemic control has improved quite quickly may put them at greater risk of progression of diabetic retinopathy in the first 9 months of good control (the early worsening phenomenon).

These patients should, therefore, continue to be regarded as having diabetes from the point of view of being included in the cohort that continues to be invited for screening for diabetic retinopathy.

Advised they would be contacted
within 6 months
with details held of their patients in
this category and therefore currently
excluded from screening.

A form with 'tick box' was sent to the GP
for each patient.

Oxfordshire Diabetic Eye Screening Programme
Level 0, West Wing
John Radcliffe Hospital
Headley Way, Headington
Oxford, OX3 9DU

Tel: 01865 231586
Fax: 01865 743316
E-mail: odes@nhs.net
Website: www.ouh.nhs.uk
Office hours: Mon-Thurs 8.30am to 4.30pm
Fri 8.30am to 4.00pm

Dear Doctor

Patient Details:

The above patient has been removed from our call/recall register using the category "diabetes resolved".

As previously advised to you in our letter of 30 August 2013, the guidance from the National Diabetic Eye Screening Programme is that certain patients should still be screened and these are as follows:

Patients who have had bariatric surgery	
Patients who have lost a considerable amount of weight	
Patient who have had a pancreatic transplant	

Patients in the above three categories will continue to be invited for screening.

The following patients should stay under the category "diabetes resolved" or removed from our register completely:

Patients who have gestational diabetes	
Patients who are glucose intolerant	
Patients who have never had diabetes and were coded in error	

Can you please advise which category the above patient falls into so that we can determine whether or not we need to invite them for screening.

Name of GP: _____

Signature: _____

Date: _____

--

As previously advised to you in our letter of 30 August 2013, the guidance from the National Diabetic Eye Screening Programme is that certain patients **should still be screened** and these are as follows:

Patients who have had bariatric surgery	
Patients who have lost a considerable amount of weight	
Patient who have had a pancreatic transplant	

Patients in the above three categories will continue to be invited for screening.

The following patients should stay under the category “diabetes resolved” or removed from our register completely:

Patients who have gestational diabetes	
Patients who are glucose intolerant	
Patients who have never had diabetes and were coded in error	

179	Never Diabetic
9	Gestational Diabetes
87	Glucose Intolerant
7	Other
70	GP Surgery did not return form
5	Bariatric Surgery
1	Pancreatic Transplant
5	Weight Loss

Patients identified as **continuing to require screening** were invited to an appointment with a covering letter as follows

Date:

NHS Trust

Address1
Address2
Address3
Address4
PostcodeOxfordshire Diabetic Eye Screening Programme
Level 0, West Wing
John Radcliffe Hospital
Headley Way, Headington
Oxford, OX3 9DU

Tel: 01865 231586

Fax: 01865 743316

E-mail: odess@nhs.netWebsite: www.ouh.nhs.uk

Office hours: Mon-Thurs 8.30am to 4.30pm

Fri 8.30am to 4.00pm

Dear

We have recently carried out a review of all patients opted out of our service due to advice from GPs that the patient "no longer has diabetes". You are a patient in this category.

We carried out this review due to national diabetic retinopathy screening guidelines changing regarding patients who:

- Have had a pancreatic transplant and no longer require insulin
- Patients who have had bariatric surgery
- Patients who have lost a considerable amount of weight, eg through lifestyle changes

National guidelines are that diabetic retinopathy screening should continue because even though your glycaemic control is now good, previous periods of poor glycaemic control may have put you at risk of developing diabetic retinopathy.

Whilst you may not fit exactly into one of the above categories, clinical advice is that you should continue to have annual eye screening and I have therefore put you back onto our call/recall register. I enclose a letter inviting you to make an appointment at one of our contracted optometrists or with ourselves at our clinic held at the Oxford Eye Hospital.

If you have any questions or concerns regarding the above, please contact your GP or the Screening Service on 01865 231586.



Yours sincerely

Helen Lipinski
Programme Manager

Whilst you may not fit exactly into one of the above categories, clinical advice is that you should continue to have annual eye screening. We have therefore put you back onto our call/recall register and enclose a letter inviting you to make an appointment.

11 patients reinstated as active and invited.

1 patient presented with M1 and managed accordingly.

Current Practice

When the programme is advised the patient is not diabetic (either by patient or GP surgery), the form is sent to the GP to confirm status.

The patient remains active.

If the form is not returned, the screening programme resend the form approximately 6-8 weeks later...

With an insert stating the following:

We previously sent you the enclosed form some weeks ago but do not appear to have had a response.

Until we receive the completed form confirming the patients status they will be invited for screening.

Please return the completed form for our records.

Many Thanks

As of September 2015

	August 2013	September 2015
Never Diabetic	179	237
Gestational Diabetes	9	18
Glucose Intolerant	87	109
Other	7	12

As previously advised to you in our letter of 30 August 2013, the guidance from the National Diabetic Eye Screening Programme is that certain patients should still be screened and these are as follows:

Patients who have had bariatric surgery	
Patients who have lost a considerable amount of weight	
Patient who have had a pancreatic transplant	

Patients in the above three categories will continue to be invited for screening.

The following patients should stay under the category "diabetes resolved" or removed from our register completely:

Patients who have gestational diabetes	
Patients who are glucose intolerant	
Patients who have never had diabetes and were coded in error	<input checked="" type="checkbox"/>

HAD STEROID INDUCED DM ONLY

By ticking the appropriate box, can you please advise which category the above patient falls into, so that we can determine whether or not we need to invite them for screening?

Areas of concern

Why are they diagnosed?

Is it a coding error?

Patients who have had bariatric surgery	
Patients who have lost a considerable amount of weight	
Patient who have had a pancreatic transplant	

Patients in the above three categories will continue to be invited for screening.

The following patients should stay under the category "diabetes resolved" or removed from our register completely:

Patients who have gestational diabetes	
Patients who are glucose intolerant	
Patients who have never had diabetes and were coded in error	

Previously diagnosed after 2+ fasting sugars > 7 in 2009. D121 control only and very stable with HbA1c 5-5.5. best worst stop on register.

Can you please advise which category the above patient falls into so that we can determine whether or not we need to invite them for screening.

Name of GP:

Signature:

Recently diagnosed after 2+ fasting sugars
>7 in 2009.

Diet control only and very stable with
HbA1c 5.5 but suggest stays on register.

What would you do?

Active?

Inactive?

What is borderline diabetes?

What is pre-diabetes?

How many non-diabetics is it acceptable to have on the off register?

Is being on the DESP list a data protection issue?

Thank You
