





# The Pregnant Pause

## Losing a Patient to Follow-Up

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Brighton and Sussex  
University Hospitals

**NHS**

NHS Trust

**CMC**  
Clinical Media Centre

# *Presentation to Screening*

Referred late November 2013

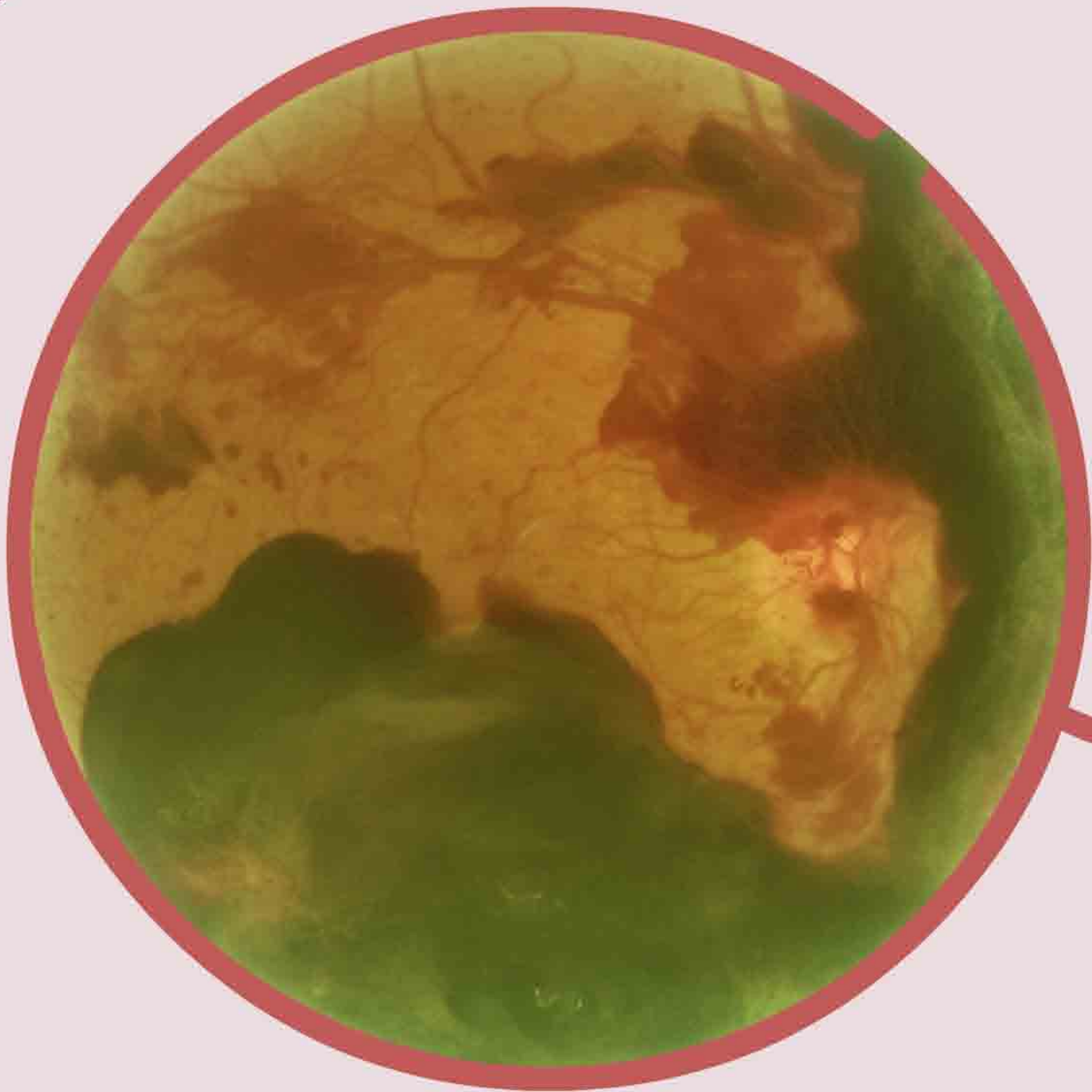
- 32 year-old female
- Newly diagnosed type 2 DM
- Started on insulin

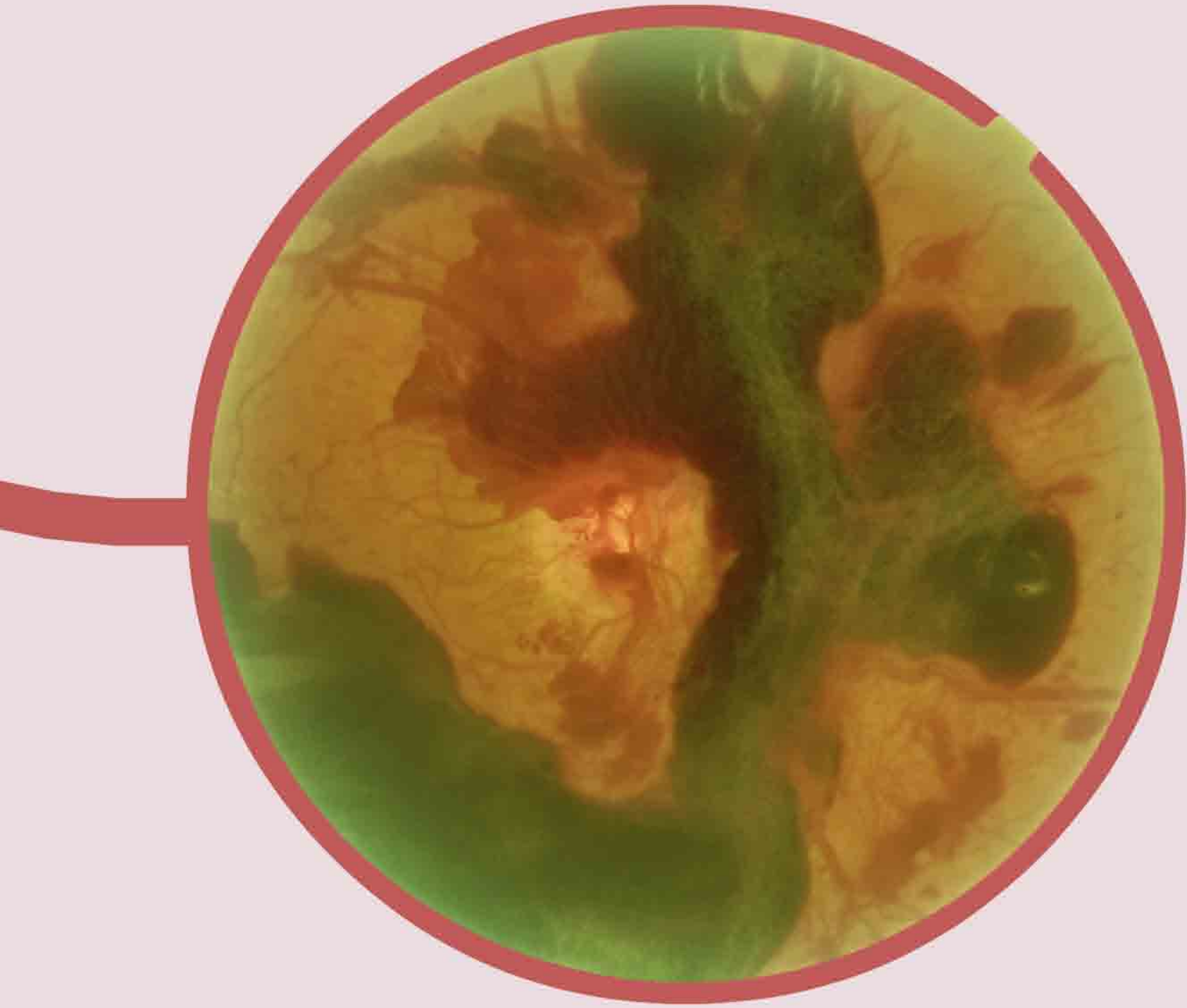
Screened: February 2014

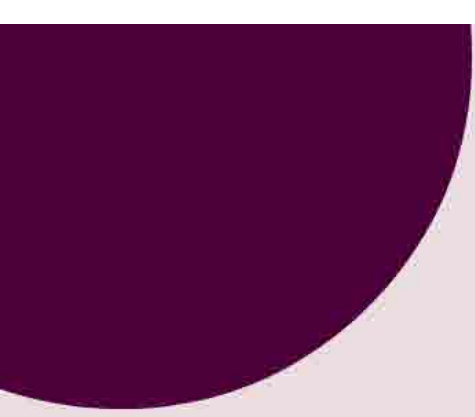
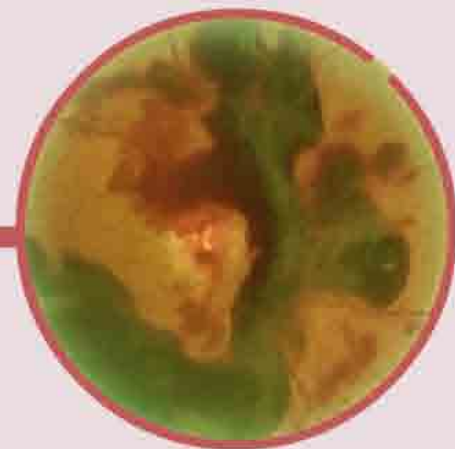
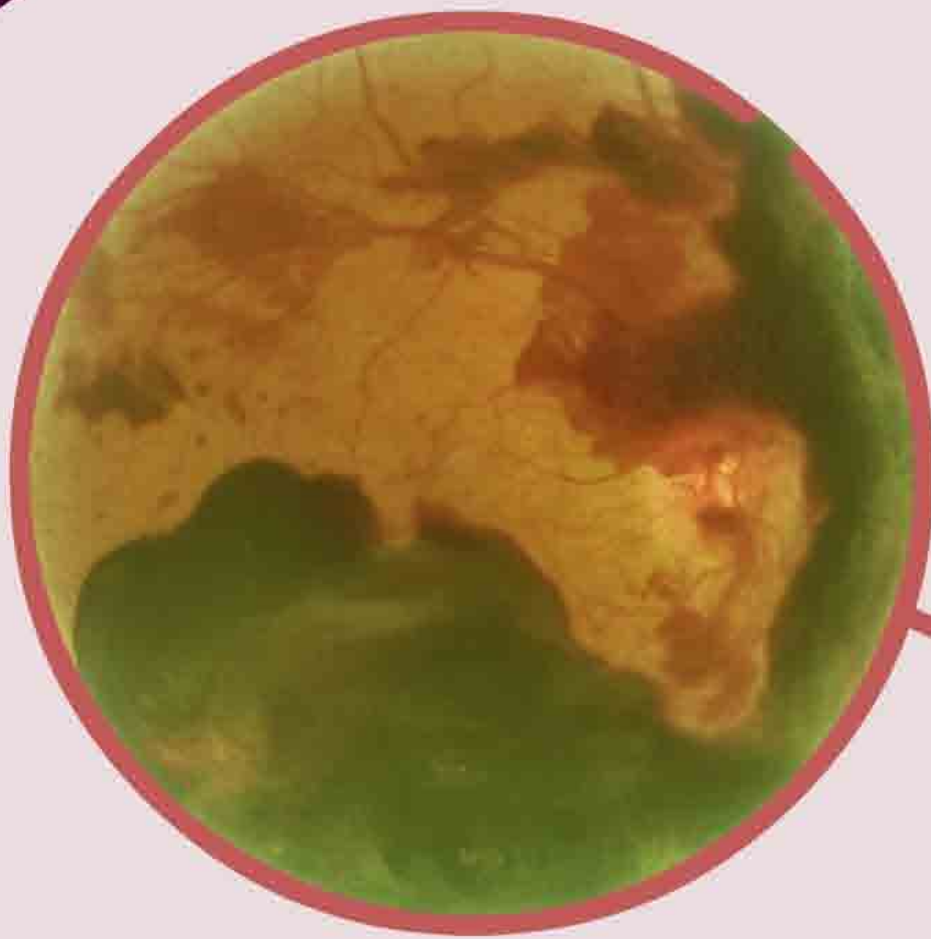
- No previous eye history, but complained of blurred vision recently
- No optician visits

Visual Acuity:

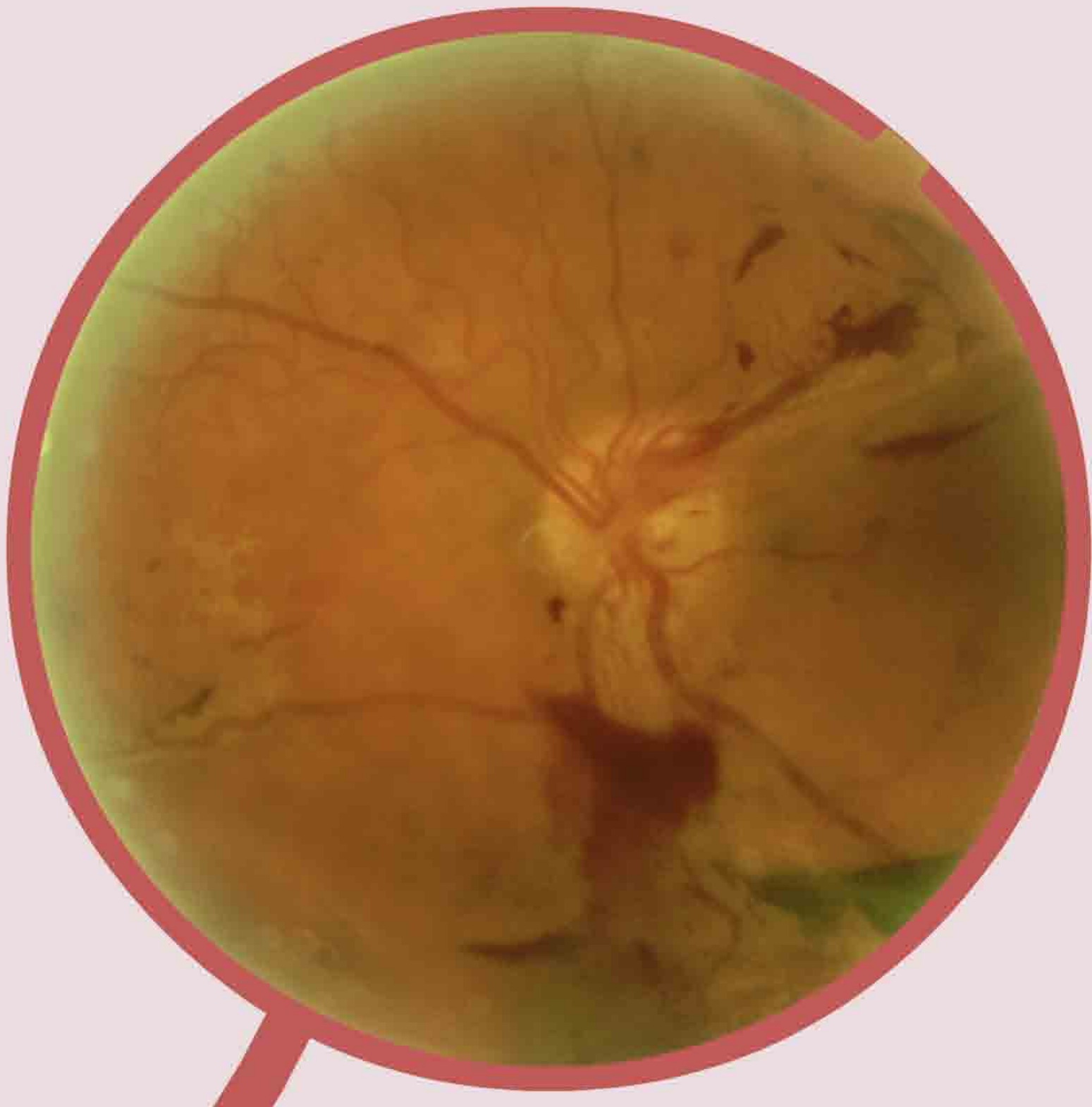
- Right eye: hand movement
- Left eye: hand movement

















185 Eastern Rd  
185 Eastern Rd  
Brighton, England  
small view May 2012



Google

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# *Treatment*

## Sussex Eye Hospital

- Seen immediately in A&E
- Clinic 5 days later
- Tractional detachments, sub-retinal bleeding, PDR "very severe"

## Surgery: April & May 2014

- Extensive delamination, cataract surgery, vitrectomy, silicone oil

## Follow-up: June 2014

- Vision 6/60 both eyes, uncorrected through oil
- Remains under HES

# *Investigation*

Genuine new diagnosis  
Unknown to screening

March 2005, nine years earlier

- Admitted to RSCH with BGL of 22 mmol/L, presence of ketones, started on insulin
- 27 weeks pregnant
- Diagnosed with GDM, not referred for screening

Gave birth in May 2005, then disengaged

- Numerous follow-up attempts made
- Patient reported no symptoms of diabetes

No contact from Sept 2005 - Nov 2013

- Polyuria, polydipsia, lethargy, weight loss, BGLs up to 25.5 mmol/L

# *Conclusion*

Not a failsafe issue for screening,  
patient never diagnosed with type 1  
or type 2 DM

Every effort made to follow-up patient  
after GDM

Screen patients with GDM?

- GDM may resolve
- If not, type 2 DM diagnosed

Patient choice includes the choice  
not to engage



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